

## One foot in the rave.

Written & performed by Alexander Rhodes.



## One foot in the rave.

(Duration 60 mins short version / 80 Mins Full Version).

A disillusioned 23-year-old Jehova's Witness finds himself ejected from a controlling cult and on to the ecstasy-fuelled dance floors of 90's clubland. He is not prepared for what he finds.

Alexander's debut show is an energetic mix of Anger, Love, mind programming, self-realisation, Agony and total Ecstasy. Set in the hedonistic world of nineties clubland. It tackles concepts of self, society and awareness with the right blend of humour, a dash of inspiration and moments of genuine despair.





"A heartfelt recommendation - go and see this show...... Absolutely brilliant, riveting stuff. ......a true story. Go see if you can!" John B

"Still thinking about this story of survival, very poignant"
Psychedelicsprite

"WOW brilliant thought provoking 'play' story just fantastic a must see" Lesley M

"Go see this show, it's excellent and thought provoking and great!!!"

Katie McCleod

Written and performed by Alexander Rhodes. Editing and storyline assistance by the wonderful Tina Sederholm. (www.tinasederholm.com)





## Show Spec.

The Set: One stage set up for the duration of the show

requiring:

/ single dining room style chair

/ lectern or heavy weight music stand

/ folding camping table or small dining table

Get In: Same day, three hours before show preferred.

Stage set up: Access to the stage three hours prior to curtain for set

build, a sound check and equipment set up is ideal.

Lighting cues will be provided in advance if lighting

tech is available.

Venues: Small theatre spaces, arts centres, performance

spaces with the capacity to hold 30 to 100 people.

Tech: The show is very flexible and does not rely on

a traditional stage and lighting rig, however, it is preferable. One foot in the rave requires a quality

sound system to a suitable wattage.

On stage: / Notepad mixer with one foldback monitor.

(connected to house system) / Two 240v mains connections

/ Mic Stand and SM58

/ Spotlight / warm and cold washes / Multi colour flash

(if lighting is available)

Company size: Performer only

Target Audience: 16+ This is perfect for a wide range of audience. The

crowds so far have spanned from theatregoers to oldschool ravers. From Vicars to Plumbers. Poetry fans

to Comic Geeks and everyone in between.

### Promotional materials

There are two event posters to choose from to advertise the show, the choice of which to use is up to the venue.



## Workshops

#### Entry level event promotion and brand development.

(Workshop Duration: Half Day or Full Day options)

If you are interested in the idea of running your own events and promoting your work through your own platform, then this workshop could be for you. It covers the basics of self-promotion, branding and marketing for beginners. It is particularly useful to those who are not tech savvy or who are social media shy.

/ Creating a consistent branding

/ Promoting your night to venues

/ The basics of event production

/ Social media and traditional marketing for DIY events

/ Marketing tips and tricks

/ Developing an effective promotion strategy

"The Plymouth gig that Sean Promoted was a delight. An attentive and lively, capacity audience in a superb venue."

Dominic Berry. Glastonbury Poet in residence and saboteur award winner best spoken word artist 2017

"The Pucker Poets stage was one of the highlights of the festival in 2017. The tent was packed all weekend!"

Emma Twamley Glas-Denbury festival 2017

## Basic mic use, soundtech & public speaking techniques. Sound engineering for spoken word and small events.

(Workshop Duration: Options ranging between 2 hours and half day)

Are you an event promoter or Poet? Do you use a microphone? Are you baffled by mixers? Have you ever been to an event and the sound system has gotten in the way of your performance? Do you use music with your performance and struggle to get the balance of sounds right?

Sean Holland (Who performs as Alexander Rhodes) has over 22 years experience in managing stages and music events. During this time he has learned a number of key tips and tricks on how to make a sound system sound good for spoken word and music applications. In this workshop, Sean will cover how to set up a basic system and more importantly, provide you with the necessary information and settings to walk into any gig and get your sound right straight away!

No more feedback, no more boomy voice, no more struggling to be heard. Just the best performance conditions, every time.

"5 years of quality sound and lighting production for our high end events. Sean's attention to detail and work ethics ensured that all our entertainment was delivered to the highest standard" Vicky Smith 504 Event Management

#### **Flyering School**

(Workshop Duration: Half Day or Full Day options)

How to build an effective event flyering team and write engaging pitches for fringes and festivals. Get your rooms busy and engaged with the right type of people for your show.

"One of the best street flyering experiences I have had for Edinburgh. Full rooms."

Dominic Berry. Glastonbury Poet in residence and saboteur award winner best spoken word artist 2017

Successful flyering missions carried out for: Tongue Fu, Nabokov Theatre, Matt Green Comedian, Andy Steadman Comedian, "Animal" (Chris Redmond) Mark Gryst Fay Roberts Katie McCleod

#### **Fees**

One Foot In The Rave Performance -Guarantee OR Guarantee V door percentage options. Please get in touch for more details

2 Hour Workshop - £75.00 Half day Workshop - £150.00 Full day workshop - £250.00

#### Credentials

#### **Achievements**

Genesis Slam Finalist (2016)
Hammer & Tongue Edinburgh Fringe Festival Heat Winner (2016/2017)
Hammer & Tongue UK Slam Finalist (2017)
Apples & Snakes 3 x Regional Slam Winner (2018)
Apples & Snakes South West Slam Runner Up (2018)
Cheltenham Literature Festival Slamageddon 2<sup>nd</sup> Place (2018)

#### **Projects**

Joined Up Thinking:
One Foot In The Rave is written, produced & directed by Sean Holland via the newly formed collaborative "Joined-Up Thinking"
Twitter: @JoinedUpThinkin

Sean Holland is the person behind the "Alexander Rhodes" poetry project, Plymouth Pucker Poets events and the Denbury Festival (Glas-Denbury) Spoken Word Stage.

#### **Testimonials**

"A sharp, confident performer with excellent material"
Attila The Stockbroker

"Alexander Rhodes done the business supporting me on tour. He belongs on the stage" Luke Wright

"Searing and soulful – A pleasure to listen too" Mark Gwynne Jones

"A poetic force to be reckoned with. Alexander puts everyone at ease, he flits comfortably between welcoming event organiser and reliably powerful performer" Sara Hirsch

"Who is the older guy? I love his stuff" Miko's mum

"Incredible Performance" Anna Saunders – Director of Cheltenham Poetry Festival

"Alexander Rhodes managed the stage with an intense and captivating style. Almost hypnotic with perfectly placed pauses moving it from spoken word to (Almost) musical lyrics"

Made In Plymouth Magazine

"An absolute Edinburgh Fringe gem" Gecko

# Expect wry observations, chemically induced inspirations and twisted logic.



#### Watch:

M20 Rehearsals
http://www.youtube.com/watch?v=TpZHCP8wjWs
One Foot In The Rave Audience Re Actions:
https://www.youtube.com/watch?v=fn0YmraH738
Genesis Slam Finals 2016
https://www.youtube.com/watch?v=F2-WwEx0ISQ

#### Speak:

For bookings and further information please contact: Sean Holland joinedupthinking@outlook.com +44(0)7477867860 Twitter: @joineduppoetry